

Dear Parents

Canadian International School



invites you
invites you



to our Grades 3 to 6 Inter-House Swimming Gala



Friday- 18 September 2009 from 13h00 to 14h30

Students: don't forget to bring your :

Costumes, towels, sunblock, water bottles and hats please

All students are encouraged to take part on the day

LEO **SCORPIUS** **DRACO** **PHOENIX**

Canadian International School
Inter- House Swimming Gala – 2009-2010
Program-18th September 2009

Event	Grade	Boys Girls	Event	Distance
1	3 & 4	boys	Individual Medley	2 X 25m=50m
2	3 & 4	girls	Individual Medley	2 X 25m=50mm
3	5	boys	Individual Medley	3 X 25m=75m
4	5	girls	Individual Medley	3 X 25m=75m
5	6	boys	Individual Medley	3 X 25m=75m
6	6	girls	Individual Medley	3 X 25m=75m
7	3 to 6	mixed	Length without kickerboard	25m
8	3 to 6	mixed	Length with kickerboard	25m
9	3 & 4	boys	Backstroke	25m
10	3 & 4	girls	Backstroke	25m
11	5	boys	Backstroke	25m
12	5	girls	Backstroke	25m
13	6	boys	Backstroke	25m
14	6	girls	Backstroke	25m
15	3 & 4	boys	Breastroke	25m
16	3 & 4	girls	Breastroke	25m
17	5	boys	Breastroke	25m
18	5	girls	Breastroke	25m
19	6	boys	Breastroke	25m
20	6	girls	Breastroke	25m
21	3 & 4	boys	Freestyle (front crawl)	25m
22	3 & 4	girls	Freestyle (front crawl)	25m
23	5	boys	Freestyle (front crawl)	25m
24	5	girls	Freestyle (front crawl)	25m
25	6	boys	Freestyle (front crawl)	25m
26	6	girls	Freestyle (front crawl)	25m
27	3 & 4	mixed	Relay - Freestyle (F/C)	4 X 25m
28	5	mixed	Relay - Freestyle (F/C)	4 X 25m
29	6	mixed	Relay - Freestyle (F/C)	4 X 25m
30	1 pr	boys	Ladder relay-Freestyle (F/C)	3X25m
31	1 pr	girls	Ladder relay-Freestyle (F/C)	3X25m
32	3 to 6	Mixed	T-shirt relay (any stroke)	8 X 25m