

## Canadian International School Lunch Menu for June - 2010

14 <sup>th</sup> Monday	15 <sup>th</sup> Tuesday	16 <sup>th</sup> Wednesday	17 <sup>th</sup> Thursday	18 <sup>th</sup> Friday
Spaghetti Bolognese Chicken Mushroom in White Sauce German Potato Salad Plain Rice – Lentils Aloo Gobi Masala Chapatti Salad Bar Ice Cream	Sweet Corn Soup Veg. Fried Rice Sweet & Sour Chicken Baby Corn Singapore Mixed Veg. Hot Pot Kimchee Plain Rice - Dhal Adraki Salad Bar Fruit Custard	Pumpkin Soup Cheese & Macaroni Sliced Chicken & Peppers Garlic Bread Waldorf Salad Plain Rice – Masala Dhal Salad Bar Straw Berry Cheese Cake	Chicken & Egg Kati Roll Paneer Kati Roll Aloo Methi Plain Rice – Dhal Lasooni Cucumber Salad Curd Rice Salad Bar Ice Cream	Kebab Koulthane Kadambari Veg. Tikka Cottage Cheese & onions Potato & Apple Salad Plain Rice – Lentils Paratha Salad Bar Ice Cream

**NO CUTLERY, NO CROCKERY, NO FOOD TO BE TAKEN OUT OF THE CAFETERIA**

**AVAILABLE EVERY DAY: SALAD BAR - PLAIN RICE - LENTILS**

**ICE CREAM ON SALE EVERY FRIDAY AGAINST COUPONS: ICE CREAM FOR ELEMENTARY**

**Lunch Coupons: KG. Rs. 30/- Elementary School Grades 1-6 Rs. 50/- Secondary School Grades 7-12 Rs. 70/-**