

CANADIAN INTERNATIONAL SCHOOL BANGALORE SCHOOL COMMUNITY ASSOCIATION (SCA) GENERAL MEETING

SCA general meeting held 19th November 2009 commencing at 2:45 pm

Committee members present : Vickie Reay, Cher Pradhan, Marie Giarrusso, Beth Melicor and Ailin Chew

Guest Speakers: Ms. Reena Johns–Anti Bullying Program (School Counsellor)
Dr Meena Gnanashekar- Columbia Asia

Vickie Reay :

1. Advised activities that the SCA (school community association) has organized so far
 - Diwali fashion show
 - gift vouchers for Halloween fancy dress parade
 - traditional sweets supplied for diwali
 - Halloween dance decorations
2. Will be selling sweets for Christmas (to be determined)
3. Play/Pantomime being held on the 3rd December for 100Rup a ticket
4. Think about things to do for multicultural day being held on the 13th February 2010

Ms. Johns–Anti Bullying Program

Feedback received from previous meeting about childhood bullying

- For the younger children bullying is through the classroom. The elementary kids also named the bully. Whereas for kids in the high school they are silent on this.
- The relevant children have been spoken to about their behavior and what is classified as bullying.
- Instead of the parents being advised on the 3rd action they are now being advised after the 1st incident
- For older children cyber bullying is more prevalent

General Business:

- A suggestion was made that the teachers in the school should be advised of bullying in relation to teacher-student bullying.

Cafeteria committee:

The school mentioned that they had done a survey on the cafeteria and there was 30% negative response and are endeavouring to fix the issues that were raised.

The SCA committee survey was being completed on Friday 20th Nov.

School Feedback Survey:

Ms Giggs mentioned that the response to the school feedback survey was very poor. Most people in the General Meeting had not received the e-mail in relation to the survey, therefore this would be the reason for poor response. 1 out of 22 people received the survey. Ms Giggs was looking into the matter with the IT department.

Dr Meena Gnanashekaran: Talk on Depression and symptoms

- Anxiety, mood swings, obsessiveness with friends, food, routine are all signs.
- Depression is a behavioural issue explained as a bio-chemical imbalance.
- Ways of treatments are to be screened by a psychiatrist – passed onto a psychologist and counseling.
- Mentioned bi-polar disorder in relation to the mood swings and treatment
- Dr Meena was pushing the idea of school consultation program to check children suspected with the above symptoms.
- Dr Meena will forward an information sheet to Vickie Reay with basic information of behavior, symptoms and treatment

Meeting ended at 3:40 p.m.