

Canadian International School Extra Curricular Programme – Term Two – 2009-2010 (K-12)

Dear Parent

Please take note of the following:

- The Extra Curricular Programme (ECA) for Term two will commence on Tuesday -24 November 2009 and will run through until the end of Term.
- The main ECA programme will run on Tuesdays, Wednesdays and Thursdays from 15h00 to 15h45. There might be additional team training sessions from time to time (depending on specific coaches). This will take place after the normal ECA time. If and when this happens, parents need to make prior transport arrangement to pick up their child, as the school buses roll off at 4pm.
- The ECA Programme is optional. CIS, however, emphasizes the importance of Extra Curricular Activities and would like to encourage all students to take part in as many activities as possible. Parents are also encouraged to motivate their children to take an active role in After School Activities.
- Students will have the following options:
 1. They may choose an activity for that particular day and remain in that activity for the entire term.
 - Or
 2. They may choose an alternate activity outside the school. In this case, students may apply for a gate pass and must be picked up by 3pm. All students who are not picked up by 3pm will be taken to the homework club. Parents arriving after this time to pick up their children can report to the reception for assistance. Please note that the gate pass is applicable for the entire term and the school security will check each student's gate pass as they leave the school. (safety and security of our students).
- **Just to emphasise: The rule of CIS is that, during ECA time (3pm to 3:45pm), all remaining students will be actively involved in an activity of their choice.**
- **Please refer to the attached ECA Programme and fill up the sign up sheet and return to school by Friday – 13 November 2009.**
- An activity schedule will be drawn up (as sign up sheets come in... "first come basis") and students will be placed in various activities accordingly. The school will try its best to cater for the student's first choices. If an activity has reached its maximum, we will then consider the second and third options. K.G and elementary students will receive a feedback on their allocated activity which can then be written in the School's diary.
- This year, CIS will be participating in various Inter-School matches, therefore team practices/additional team practices are very important.
- **HOUSE ACTIVITIES:** Various Inter-House activities will take place during the course of the term and parents will be notified about dates in due course (some dates and events are listed in the school diary). As a school rule, all students must use their house t-shirts every Wednesday as points are allocated for this as well.
- All ECA queries should be directed to Mr Segran Naidoo – email: snaidoo@cisb.org.in.

All the best for term two

Ms Lynda Gigg (K-12 Principal)

Segran Naidoo (P.E and Activities Coordinator)

KINDERGARTEN ECAs

Term 2 2009-2010

Tuesday	Wednesday	Thursday
<p>Free Play Ms. Saira</p> <p>Children are going to enjoy playing in an open free environment in the classroom.</p>	<p>Music & Movement Ms. Lily</p> <p><i>Children will have fun dancing and exercising in an energetic and musical atmosphere. Through movement, children will learn about their bodies, the space around them, and each other.</i></p>	<p>Choice time Ms. Dreshya</p> <p><i>Children will have a choice of activities – quiet play or active play in the Kindergarten/Elementary lawn area.</i></p>
<p>Sandbox Play Ms. Jennifer</p> <p>Children will be involved in active play in the sandbox, building castles, making soft sand cakes, etc.</p>	<p>Story Club Ms. Basanti</p> <p>Relax and listen to stories of animals, birds and bees. We will also have coloring sheets.</p>	<p>Paper Craft Ms. Hema</p> <p><i>Children will explore the art of using the basic techniques of folding, cutting and coloring.</i></p>
<p>Field play Mr. Braedon</p> <p>Children will be involved in low-organized games in an outdoor setting.</p>	<p>Color Club Ms. Alma</p> <p>Children will explore colors and use them in different ways (ex.painting,coloring, crafts, mixing &creating their own colors)</p>	<p>Free Painting Ms. George</p> <p>Paint + paper imagination = a masterpiece! Paint can be messy. Please bring a smock, if you can.</p>

Please note:

- Maximum number for each activity will be 15 students.
- Free Painting is likely to be very messy. Smocks are a must. Even loose T-Shirts.

Canadian International School

Sign -up sheet – Term 2 – Extra-Curricular program-2009-2010

Name of student : _____ Grade: _____

Tuesday

My child will be participating in the ECA program on this day→

(If no, child is to picked up from school by 15h00 on this day)

If yes, please list down 3 preference for this day:

Preference one : _____

Preference two : _____

Preference three: _____

YES

NO

Wednesday

My child will be participating in the ECA program on this day→

(If no, child is to picked up from school by 15h00 on this day)

If yes, please list down 3 preference for this day:

Preference one : _____

Preference two : _____

Preference three: _____

YES

NO

Thursday

My child will be participating in the ECA program on this day→

(If no, child is to picked up from school by 15h00 on this day)

If yes, please list down 3 preference for this day:

Preference one : _____

Preference two : _____

Preference three: _____

YES

NO

This form must be returned to the Class Teacher by Friday- 13 November 2009